



# **BEGIN BEFORE BIRTH**

Chair: Professor Vivette Glover

# PROGRAMME

Thursday 11 June 2020

Begin before birth is an online webinar. All registered delegates will be sent an email on the morning of Thursday 11 June one hour before the event is due to start, this email will contain a link that will take you through to the live event. A recording will also be available post even for delegates to view.

- 09:45 Welcome Introduction  
Professor Vivette Glover, Imperial College
- 10:00 The range of perinatal mental illnesses; so much more than postnatal depression  
Dr Claire Wison, Kings College London
- 10:30 Perinatal anxiety and what should we do about it  
Dr Fiona Challacombe, Kings College London
- 11:00 The Life of Dad; the transition to fatherhood  
Dr Anna Machin, Oxford University
- 11:30 Givingbirth and PTSD  
Professor Susan Ayers, City, University London
- 12:00 Discussion with speakers and online questions
- 12:40 Break - 20 Minutes
- 13:00 How antenatal stress and depression can affect the baby's brain; evidence from MRI  
Dr Michael Craig, Kings College London
- 13:30 Global implications-and how music can help  
Professor Vivette Glover, Imperial College
- 14:00 Perinatal mental health in the time of Covid-19  
Professor Louise Howard, Kings College London
- 14:30 Perinatal mental health in the time of Covid-19 : The view from New York  
Dr Catherine Monk, Columbia University
- 15:00 Discussion with speakers and online questions
- 15:30 End